



Crown and Bridge Post-Operative Information

Crowns and bridges usually take a couple of appointments to complete. The teeth are prepared during your first appointment while temporary crowns or bridges are placed to protect your teeth and hold the space for the new crown or bridge.

Here are some things that you may experience after having your teeth prepared for a crown or bridge:

1. Numbness

It is normal for you to feel numbness on your lips, teeth, and tongue for several hours when anesthetic has been applied. Be careful chewing until the numbness is completely gone.

2. Temporary crowns that fall off

Sometimes temporary crowns come off. Please call us immediately if this happens. Keep the temporary crown so we can re-cement it. The proper fit of your final restoration depends on temporary crowns staying in place.

3. Sensitivity

After each appointment, you may feel some hot, cold, and pressure sensitivity. These are all normal. You will also experience gum soreness for a few days. Rinse three times a day with warm salt water to reduce pain and swelling. Use a teaspoon of salt in a cup of warm water, and rinse, swish, and spit. You can also use medicine as directed.

4. Diet

To help keep your temporary crown in place, avoid eating sticky or hard foods (especially gum). Chew on the opposite side of your mouth as much as possible. Brush your teeth the normal way, but floss very carefully and pull the floss through (like you're sewing) instead of pulling back out the way you put the floss in. This will prevent you from pulling the temporary off with floss.

Call our office if you feel that your bite is uneven or if you are in persistent pain. Don't hesitate to call us with any concerns!